



What else do we offer?

Prosthesis fitting is just one of the many services we offer to people affected by breast cancer. From diagnosis, throughout treatment to aftercare, our support days, online and telephone services are there for you every step of the way.

Breast Cancer Care is here for anyone affected by breast cancer. We bring people together, provide information and support, and campaign for improved standards of care.

Please get in touch

www.breastcancercare.org.uk

Free helpline 0808 800 6000

Typetalk prefix 18001

Scotland and Northern Ireland

Telephone 0845 077 1892

Email sco@breastcancercare.org.uk

London and the South East of England

Telephone 0845 077 1895

Email src@breastcancercare.org.uk



Philip Meech Photography



Prosthesis fitting

A prosthesis fitting service for women who have had breast surgery



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Registered charity in Scotland SC038104
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We offer a free breast prosthesis fitting service in London, Glasgow and Edinburgh, which consists of an hour-long private appointment with one of our trained prosthesis fitters.

How can it help?

We understand that it can take some time to become comfortable with the loss and change to your body after surgery. Our prosthesis fitting service can help you choose the right prosthesis for you. Our fitter will talk through any emotional or practical concerns you may have. They will also take into account your lifestyle, health and personal preferences to help you select a prosthesis you are happy, confident and comfortable with.

Who is it for?

This service is for women who have had breast surgery and would like help choosing a prosthesis.

What should I expect on the day?

Fitting sessions last around an hour and take place in a private and relaxed environment.

All our fitters are skilled and experienced female staff who will be sensitive to your needs. We won't be able to provide you with a breast prosthesis directly, but will give you the details you need to take back to your breast care nurse or GP.

There will also be the opportunity to look at bras, swimwear and accessories, as well as a chance to chat through any feelings and concerns about your breast surgery.

If you find that you need more time, a second appointment can easily be arranged.

How do I make an appointment?

Prosthesis fittings take place in London, Glasgow and Edinburgh.

To book an appointment, please contact us using the details on the back of this leaflet.

Once you have booked your appointment, we will send you a confirmation letter along with directions and further details. To help us ensure you get the most from your appointment, we will ask you in advance about your needs and any particular concerns you may have.

Up-to-the-minute guides

Our booklet *A confident choice* is packed with information, personal stories and photographs about breast prostheses, bras and clothes after surgery. It includes our own standards of care, which will help you understand what to expect from a prosthesis fitting service. To order either publication, please visit our website at www.breastcancercare.org.uk

'I now have a fuller understanding of how it all works. It is especially helpful to know the fitter can give advice from personal experience.'