

How our Strawberry Tea will change lives

Breast Cancer Care is the only specialist UK wide charity providing support for women, men, family and friends affected by breast cancer.

They offer a unique range of support including reliable information, one-to-one support over the phone and online from nurses and people who've been there. They also offer local group support across the UK.

From the moment someone notices something isn't right, through to their treatment and beyond, they're there to help people affected by breast cancer feel more in control.

691,000 people are living with a breast cancer diagnosis in the UK today, and that figure is only set to grow. With your support this summer, Breast Cancer Care can be there for more people, from day one.



£5

could help us run our **Someone Like Me** phone service so that people with breast cancer can talk freely and regularly with trained volunteers who understand their particular concerns.



£10

could give 10 people with breast cancer the information they need to face treatment and make vital decisions about their care by funding 10 invaluable **information resources**.



£25

could give women with breast cancer somewhere to turn after their treatment by funding a facilitator on a **Moving Forward** course for one hour.

'I don't know what I would have done without the fantastic Breast Cancer Care Helpline. I was very scared, but the Helpline had time to answer my questions. Sometimes I just needed to talk.' **Sue**

'I found the Breast Cancer Care forum during those first dark days after surgery where women like myself could chat online and offer each other support and reassurance, this became a life line for me.' **Kathy**

If you're worried about breast health and want the facts, need some support to face breast cancer, or want to talk to someone, we're here for you. Call us free on **0808 800 6000** or visit us at **breastcancercare.org.uk**

Registered charity in England and Wales 1017658 Registered charity in Scotland SC038104



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